

# 5th Annual 5K "Run for Life" and "Kids Fun Run"

Saturday, August 4, 2012, 9:00 AM

at Hyde Park Baptist Church, Route 9G, Hyde Park, NY

[www.hpbcny.com](http://www.hpbcny.com)

Sponsored by

Hyde Park Baptist Church / Care Net Pregnancy Center of the Hudson Valley

## Registration:

**"Run for Life":** Pre-Register by mail: \$15.00  
On day of race: \$18.00

**"Kids Fun Run":** Pre Register by mail: \$10.00  
On day of race: \$13.00

½ mile trail run for ages 5 - 11

**Immediately following the "Run for Life"**

All Proceeds benefit the "Care Net" Pregnancy Center  
of the Hudson Valley.

Prizes will be given to the top 3 male and female runners;  
Prizes also available for the children's race.

Please return this registration form with checks payable to the "Hyde Park Baptist Church" to:  
**HPBC "Run for Life", 10 Romans Road, Hyde Park, NY 12538**

Check One: 5K: _____ Fun Run: _____
Name: _____
Address: _____
Town/State/Zip: _____
Phone: _____
E-Mail : _____
Age: _____ Birth Date: _____
Gender:        M        F

*\* I, the undersigned, recognize that competitive running and racing in an inherently dangerous activity that carries a significant risk of personal injury to myself and to other participants. I further recognize that the inherent risks associated with competitive running and trail racing are attributable to various factors including, but not limited to, man-made and natural obstacles and hazards, surface and environmental conditions and risks, my conduct and/or the conduct of other participants. In consideration of this entry being accepted, I, for myself, heirs, and assigns, hereby waive and release any and all rights, claims and causes of action that I may have against Hyde Park Baptist Church and CareNet Pregnancy Center and their respective officers, directors, employees, agents and volunteers, for injury and/or damage to my person or property arising out of or relating to my participation in this event. I further agree to indemnify, defend, and hold Hyde Park Baptist Church and CareNet Pregnancy Center harmless from any and all liabilities, claims or causes of action arising out of or related to my conduct during the event.*

Signature: \_\_\_\_\_

**First 100 pre-registered runners will receive a free shirt!**

T Shirt Size: (Circle one)

Kids:    S (6-8)    M (10-12)    L (14-16)

Adults:    S        M        L        XL

Parent or Guardian (if under 18):  
\_\_\_\_\_

Date: \_\_\_\_\_